

Instructor Biography – John Lanier

John is a retired police lieutenant with over 30 years of law enforcement experience that began as a military policeman in the U.S. Army in 1983. After leaving the service, he worked for the Salisbury (North Carolina) Police Department in 1990 where he served as a patrol officer and a member of the Special Reaction Team (SRT). After being promoted to sergeant, he worked as a supervisor in patrol, Vice/Narcotics, the Gang Unit, and the Street Crimes Unit. He was promoted to Lieutenant and assumed duties as a Patrol Commander until his retirement. After retiring, John maintained his law enforcement certification and is still a reserve officer with the Salisbury Police and assists them with conducting background investigations on new applicants.

John received his Master's Degree in Justice Studies from Fort Hays State University in Kansas in 2016, and he is certified by the State of North Carolina as a Law Enforcement General Instructor, a Specialized Physical Fitness Instructor, and a Specialized Explosives/Hazardous Materials Instructor; additionally, he has extensive experience teaching both basic law enforcement training and law enforcement in-service classes. He has a Use of Force investigation certification from the Force Science Institute in Chicago, IL.

John earned his 2nd Degree black belt in Chayon Ryu Martial Arts from Grandmaster Kim Soo in Houston, Texas, and is certified by the International Chayon Ryu Martial Arts Association to teach Karate, Taekwondo, Kung-Fu, Hapkido and Bong-Sul.

John Lanier is the founder and lead instructor at Invicta Strategic Solutions, LLC where he focuses primarily on teaching defensive tactics to law enforcement officers across the state. John is also an adjunct instructor at Stanly Community College in Albemarle NC and teaches self-defense, physical fitness, and several classes online in the Criminal Justice Program. John is also the chief instructor at Kim Soo Karate of Albemarle where he teaches martial arts and self-defense that are veteran, and first responder focused.

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